



# Too young for night sweats?

If so, we invite you to participate in a study conducted by UBC Endocrinologist Dr. Jerilynn Prior. You'll learn more about yourself and help us understand night sweats in women aged 35 to 50.

## Who can participate?

You may be eligible if you are a woman who:

- Is between age 35 and 50
- Has menstrual periods no more than 60 days apart in the past year
- Is not taking hormone therapy or birth control

## What will I be asked to do?

- Visit our office (at 12th and Oak) for an interview session
- Keep a daily record of your menstrual cycle for 4 cycles
- Record your first morning temperature
- Collect a small amount of urine each morning for one cycle

## Who do I contact?

For more information contact Dr. Vesna Stajic at:

604-875-5232

[Night-sweats@interchange.ubc.ca](mailto:Night-sweats@interchange.ubc.ca)

Or visit:

[www.cemcor.ubc.ca/night\\_sweats\\_study](http://www.cemcor.ubc.ca/night_sweats_study)



Vancouver Coastal Health  
Research Institute



*This study is funded by a Women's Health Research Institute catalyst grant and is approved by UBC (H08-03067) and VCHRI (V09-0047) Institutional Ethics Review Boards.*

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